

United States Army Recruiting Command

Army Family Team Building

AFTB Connection

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AFTB Prepares to Celebrate Birthday

HQ, United States Army Recruiting Command

In December of 1998, Chief of Staff of the Army Reimer and Sergeant Major of the Army Hall jointly proclaimed December 16 as Army Family Team Building (AFTB) Day.

In honor of AFTB's tenth Birthday, all USAREC AFTB programs are encouraged to host some sort of

recognition for their AFTB volunteers, and to conduct information presentations with their battalion leadership teams (BLT) and company leadership teams (CLT) on this day. "This is a great opportunity for our volunteers to share with their BLTs and CLTs what AFTB can do for them," stated Rose Marie Tinker, HQ USAREC AFTB Program Manager. "I'm still not convinced every leader in USAREC is aware of what AFTB can do for their families and the families of our future soldiers."

This year's theme, "A Decade of Enriching Army Families," was announced by Vicki Brown, Chief, Army Enrichment Division, Community and Family Support Center. This year's celebration will also include the inaugural selection of the AFTB Program of the Year and AFTB Program Manager of the Year.

In USAREC, more than 100 classes were taught to over 2,000 students in FY 2004. Three thousand one hundred students completed all of Level I through the NetTrainer. More than 2,406 completed all of Level II and nearly 250 completed all of Level III online through the NetTrainer. USAREC volunteers contributed more than 1600 hours of volunteer service to the USAREC AFTB Program.

USAREC acknowledges the many contributions made by USAREC volunteers and looks forward to the next 10 years. Happy Birthday AFTB!

Master Trainer Selections Announced

HQ, United States Army Recruiting Command

Eight USAREC family members have been selected to attend the Department of the Army sponsored Master Trainer Course, to be held in Greenville, South Carolina, 5-10 December, 2004.

Selected to attend the course are Jessica James from Jacksonville Battalion, Conny Hazelwood from

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Columbus Battalion, Aimee Mills from Houston Battalion, Emily Finney from Phoenix Battalion, Nancy Burch from Atlanta Battalion, Kelly Slayton from Cleveland Battalion, Corrine Arnold from Dallas Battalion, and Shannon Foster from Sacramento Battalion.

The family members attending this course are required to work with their respective AFTB programs for the next year. They are responsible for assisting with Train-the-Trainer or Instructor Training, conducting AFTB classes, and promoting AFTB to future soldiers and their family members. In addition, some family members will return to their battalions to serve as AFTB volunteer program managers.

The next Department of the Army sponsored Master Trainer Course is scheduled for April 3-5, 2005. Family members interested in attending this course should contact their battalion soldier and family assistance (SFA) program manager soon. Space is limited, so contact your SFA today.

FY 2005 Training Opportunities:

Master Trainer Course

Date: April 3-8, 2005

Location: To Be Determined

Funding: Department of the Army

Program Managers Course

Date: April 3-8, 2005

Location: To Be Determined

Funding: Department of the Army

MT Professional Development Course

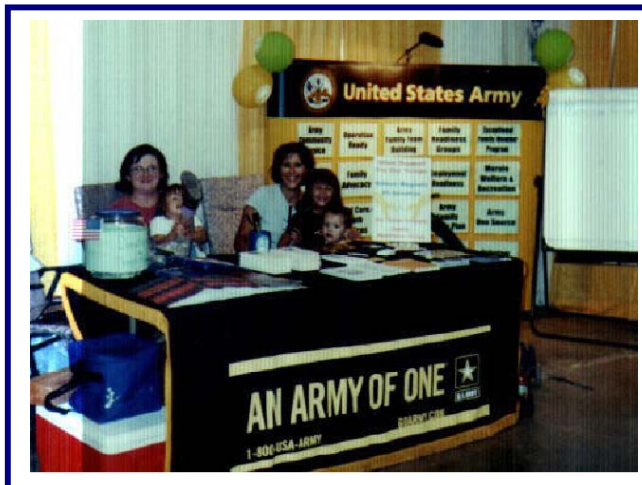
Dates: June 20-24, 2005

Location: to Be Determined

Funding: Department of the Army

VOLUNTEER SPOTLIGHT

Donna Kislan



(L-R Donna Kislan, Maria, Elizabeth, Alexandria and Nicholas Johnson work the Information Booth)

AFTB Volunteer Assists Community Information Booth

Jim Thrope Recruiting Company Family Readiness Group hosted a booth at the Bloomsburg Fair in Pennsylvania, September 25 – October 2. Donna Kislan, an AFTB volunteer and FRG volunteer, assisted with the project. The purpose of the display booth was to educate the public about the programs the Army has to support Army families. An important part of the booth was a variety of handouts, that highlighted portions of the programs available.

Many National Guard and Reserve Soldiers and family members visited the booth. They were particularly interested in the pamphlets dealing with children and teen issues.

A butcher block was provided for anyone who wished to write a message to the troops. Nine pages of messages, signatures, and artwork were collected throughout the week. The special messages are being sent to a unit currently serving in Iraq.

This event also provided an excellent opportunity for the FRG to raise over \$1000, which is earmarked to pay for a company party in December.

This was an ambitious first project for the new FRG. The dedication and hard work of the volunteers brought it all together. However, it would not have been possible without the support of the command in the Jim Thrope Co, Harrisburg Bn, 1st Rctg Brigade.



Cleveland Battalion plays AFTB Jeopardy

Cleveland Battalion Provides Level I Training

By Katherine Shrewsbury, SFA Cleveland Battalion

The Cleveland Army Recruiting Battalion AFTB Program conducted AFTB training on 23 October 2004. Students included 24 Soldiers, 1 DA civilian, and 6 spouses. LTC Austin D'Alton opened the training. He stressed the command emphasis and the importance of Army Family Team Building with its positive impact. The instructors were Amy D'Alton, Steve Routt, Kelly Slayton, and Katherine Shrewsbury.

The Army has gotten better at giving Soldiers and families the tools to be successful. AFTB gives people (recruiters, family members, and civilians) the tools they need to build a better future for the Army family.

Our mission is to educate and train all America's Army in knowledge, skills, and behaviors designed to prepare our Army families. Informed and empowered families allow Soldiers to concentrate their efforts and focus on the mission, feeling confident and secure that their families are better prepared for the challenges of military living.

The training session was a success because of the passion demonstrated by each instructor. They allowed their students to interact with them, which lead to open discussion and communication.

Both the instructors and students were able to interact and share their ideas. It is imperative to the success of AFTB to have "active support" and participation of the command as a whole. AFTB is serious business. It is about readiness: Mission Readiness and Family Readiness, adapting to Army life, accepting challenges, managing change, and developing life skills.

Anyone interested in getting involved with the AFTB Program should contact his or her soldier and family assistance (SFA) program manager for more information.



Steve Routt conducts AFTB Training. Steve is a new instructor. He completed the AFTB instructor course in September.

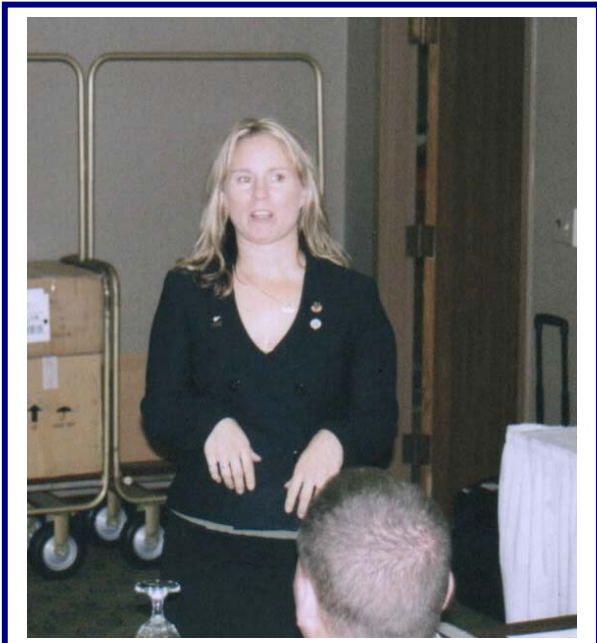
*Some succeed because they are destined to;
most succeed because they are determined to.*

- Anatole France

USAREC Submits Nominations for DA Awards

HQ, United States Army Recruiting Command

The Headquarters, United States Army Recruiting Command submitted several nominations to the Community and Family Support Center as part of the 10th Anniversary of AFTB. The inaugural selection of the AFTB Program of the Year and AFTB Program Manager of the Year will be announced on 16 Dec. Let's keep our fingers crossed for our nominations: Erlinda Almeida, Kathy Clark, and Donna Kislan.



Amy D'Alton shares some thoughts during the Cleveland Recruiting Battalion AFTB Training, October 23, 2004.



What's wrong with this picture? It's missing you. Please send your AFTB photos and articles to Rose Marie Tinker today. Snail mail and e-mail are welcomed.

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Phishing and Other E-mail Scams

By Army One Source

What is phishing? Phishing (a playful spelling of fishing) is an attempt to fool someone into providing sensitive financial or personal information by using e-mail that appears to come from a trusted source such as your bank, credit card company, information technology (IT) group, or a legitimate, common brand. The e-mail messages may use text, fonts, layouts, logos, and trademarks from common brands to give the appearance of legitimacy—all in an attempt to fool a potential victim.

These look-alike e-mails request recipients to provide usernames, passwords, credit card numbers, Social Security numbers, and other sensitive pieces of information. Recipients are typically asked to click on a link and then enter their personal information into a form on an imposter Web site. The information that phishers trick people into providing is used in any number of criminal ways.

You can protect yourself from phishing by always being wary of unsolicited e-mails in your in-box at work and at home. Delete suspicious looking e-mails, and never respond to an e-mail for any reason, even to ask to be unsubscribed or taken off a mailing list. Be especially wary of messages that have the following characteristics:

- Any request for information that a company or organization should already know, such as a bank asking for an account number.
- Requests by companies for information with heightened sense of urgency or a strict deadline.
- Annoying consequences if you don't respond promptly, like the removal of an account or cancellation of a subscription.
- A link that takes you to a URL with a strange name.

Finally, never give passwords or account information to another person unless you are positive that they have a legitimate reason for it.

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